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# Facts About the Vaxx for Pregnant People

Some people are confused or not sure about COVID vaccines for those who are:

- Pregnant
- Recently pregnant
- Trying to become pregnant

Here are the facts about COVID and the vaccines.

## If you're pregnant, COVID can be bad for you and your baby

Pregnant people who get COVID are more likely to:

- Get very sick
- Need hospital care
- Die

Pregnant people with COVID may also be more likely to:

- Give birth too early
- Lose their baby before or during delivery
- Have other pregnancy problems

Babies are more likely to need hospital care for COVID in their first 6 months if their mothers weren't vaccinated during pregnancy.

## It's safe for you to get a COVID vaccine

Scientists have studied thousands of people who got COVID vaccines before or during pregnancy, and their babies. They haven't found any issues with getting a vaccine during pregnancy. Nor have they

their babies. They haven't found any issues with getting a vaccine during pregnancy. Nor have they found any issues with getting a vaccine and:

- Being able to make a baby, including through in vitro fertilization (or IVF)
- Periods (some see small changes in their period after getting a vaccine, but these changes don't last long)
- Puberty

But getting COVID could temporarily affect your, or your partner's, ability to make a baby.

## **A COVID vaccine is your best protection against COVID**

CDC and leading pregnancy experts all recommend that you get a COVID vaccine right away and stay up to date with your vaccines if you're:

- Pregnant
- Recently pregnant
- Trying to become pregnant

Getting a COVID vaccine while you're pregnant lowers your risk of needing hospital care for COVID. It may also protect your baby, who can't get a COVID vaccine.

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